

ROCK-A-THON

FEBRUARY 15, 9 am – FEBRUARY 16, 9 am.

Who can rock? Youth in grades 3 – 12 (and their friends) are invited to rock. Kids in grades 3 – 5 rock for 12 hours: 9 am to 9 pm. Kids in grades 6 – 12 rock for 24 hours: 9 am – 9 am.

Do I have to register or can I just show up the day of the Rock-A-Thon? All rockers must be pre-registered. Confirmation youth are already pre-registered. **PRE-REGISTRATION DEADLINE: FEBRUARY 7, 2020.**

How do I register? Registration list and registration packets can be found in the lounge (big room by the steps going up to the Sanctuary) and on the table by the bulletin board outside the Youth Lounge in the main Sunday School room. **REGISTRATION/EMERGENCY FORM MUST BE RETURNED TO TRINITY BY FEBRUARY 7, 2020.**

Where do I hand-in/return my Registration/Emergency form? You can bring it to church and give to Joan Honicker, Judy Rile, Cindy McGeever, Karen Wood or Pastor Chris; bring it to the church office during office hours, (Mon – Thur. 9 am – 3 pm; Fri. 9 am – 1 pm) or email it to tlcrockathon@gmail.com

Who are we rocking for? Jaden Leiby, a senior at North Schuylkill High School who was critically injured during a football game between North Schuylkill and Pottsville. Jaden is recovering and making progress, but still has a long way to go. Proceeds from event will help offset medical and equipment expenses. An irrevocable trust account has been set up at M & T Bank on Jaden's behalf.

How do we raise money? Sponsorships. Tell people what you are doing and ask them to sponsor you. They may sponsor you for an hourly amount for each hour you rock or a flat amount. All money raised is donated to Jaden's Trust. (Trinity keeps nothing.) Do not simply just ask your parents to sponsor you – you must have sponsors other than your parents. It's all about raising awareness about who we are trying to help. Please ask members of our church (they will support you!), teachers, friends, aunts, uncles, grandparents, etc. If you are a member of a different church, ask members of your church!

What do I need to bring to Rock-A-Thon?

1. A clean body. Please shower and/or bathe before coming to Rock-A-Thon; and remember the deodorant. You all can smell pretty bad after 12 – 18 hours rocking, so let's at least start out clean. 😊
2. Your own rocker.
3. Sponsor/pledge form and any money collected to that point.
4. Bagged lunch with name clearly marked. Snack to share. \$5.00 to offset cost of dinner and breakfast.
5. Anything to occupy time that is church appropriate and you can do while rocking.
6. Change of clothing for church.
7. Blanket, pillow....room can get chilly and rocker can get un-comfy.

Can I bring a friend (or friends)? Your friends are more than welcome. Please make sure they are on the registration list and their registration/emergency form is turned in no later than **FEBRUARY 7, 2020**. Completed registration form can be emailed to tlcrockathon@gmail.com

What do I wear?

1. Comfy clothes to rock in. We attend 6 pm worship. You may bring a change of clothing for church should your "rocking clothes" be inappropriate (pajama bottoms, sweat pants, bedroom slippers, etc.) or get dirty.

What do we do at Rock-A-Thon? Besides rocking? 😊 You may play games, read a book, watch movies, listen to music, talk to your friends, etc. You are responsible for anything you bring. If bringing electronics, make sure you bring your charger, and an extension cord (power strip is best). Anything you bring, watch or listen to needs to be church appropriate. (No offensive language, illegal drugs, suggestive clothing, etc.) Please bring headphones. We will have breaks and "stretch times" during our time together.

What will we eat? You'll need to bring a bagged lunch. Please make sure your name is on it if it needs to be refrigerated. We will provide dinner to all rockers. Breakfast will be provided for those who rock overnight. We ask everyone to bring a snack to share. **Please do not bring nuts or peanut butter. We have several allergies to those two items. We also ask that you do not bring energy drinks. We had some kids (in the past) who brought them and ended up going home sick (headache, migraine and sick to their stomach).** We will provide water, iced tea and lemonade.

What time do I have to be there? Doors will open at 7:30 am, which is when check-in begins. All kids are expected to be settled in and rocking by 9 am. Check in will only take a few minutes as long as you have sponsorship form, money collected and food money. You'll need to figure out how long it will take you to get your stuff set up. From there you can figure out what time you need to be at church. Please don't underestimate the time it will take to set up.

Can I bring my rocker ahead of time? You may bring your rocker anytime during church hours the week of the Rock-A-Thon. (M-TH 9 am – 3 pm; F 9 am – 1 pm) Please make sure your name is on rocker. It can be placed in the lower level social room. (Big room beyond office.)

What if I can't rock the full 24 hours? If you have a sporting, academic or scouting event, you may leave the Rock-A-Thon and return after your event. You may also arrive late should your event be at the same time the Rock-A-Thon begins. Parents must complete the arrive late or leave/return section of the registration form.

Who are the chaperones/helpers? Parents of all rockers, small group guides, and confirmation leaders will be asked to chaperone/help with Rock-A-Thon. Students are expected to respect and follow the direction of chaperones/helpers at all times.

What if I have more questions? Please call the church office at 570-622-9910 or email tlrockathon@gmail.com or see Joan Honicker, Cindy McGeever, Judy Rile, Karen Wood or Pastor Chris.

We have a number of youth who are allergic to nuts and peanut butter. Please do not bring any of these foods to Rock-A-Thon. We want to avoid any allergic reactions.

Reminder: Students are expected to respect other rockers, chaperones and helpers at all times.

REGISTRATION/EMERGENCY FORM

Student Name: _____

Grade: _____

Address (if not member of Trinity): _____

Parent/Guardian Name(s): _____

Phone: _____

Student agrees to abide by the rules of the Rock-A-Thon and acknowledges that chaperones/helpers/other rockers are to be respected at all times.

Student signature: _____

Parent/Guardian Permission:

I give my permission for my child, _____, to participate in Trinity Lutheran Church's Rock-A-Thon to be held on February 15 – February 16, 2020.

I give my permission for Trinity Lutheran Church to take my child's picture and post to church website and/or Facebook page. We never post child's name. Yes _____ No _____

I give permission for Trinity Lutheran Church to seek emergency treatment for my child should the need arise. Trinity Lutheran Church will notify parent/guardian immediately. Yes _____ No _____

PLEASE LIST ANY KNOWN FOOD ALLERGIES: _____

Parent/Guardian Signature: _____

Phone parent/guardian can be reached during Rock-A-Thon: _____

STUDENT ARRIVING LATE OR LEAVING AND RETURNING TO THE ROCK-A-THON

Arriving Late - Arrival Time: _____

Reason for late arrival: _____

Person responsible for bringing person to Rock-A-Thon: _____

Leaving & Returning- Leave Time: _____ Return Time: _____

Person responsible for picking child up: _____

Person responsible for returning child: _____

Reason for late arrival: _____

Parent/guardian must come in to church when picking up/returning child.

PLEASE RETURN FORM BY REGISTRATION DEADLINE: FEBRUARY 7, 2020